

Be Sugar Savvy



Where does it come from?



High Fructose Corn Syrup

Corn Wet Milling Process

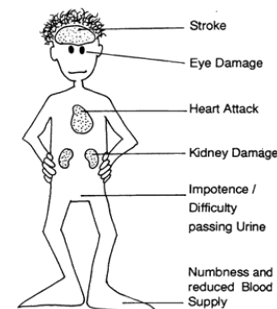
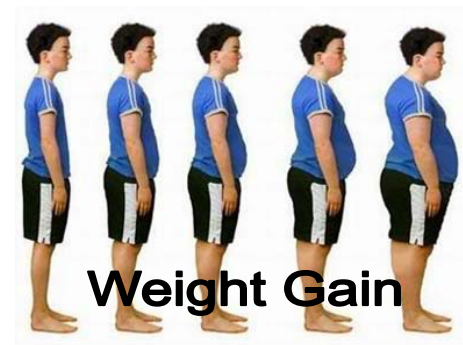


How much is in MY drink?



So what?

Drinking too much soda causes:



Heart Disease

Want to learn more?

Contact: Alameda County Nutrition Services at 510-595-6454